



Refresh

Ladies Retreat

September 21 - 23, 2018

Please note the schedule is tentative and subject to change.

Friday, September 21

4-6pm	Check-in & Getting Settled
4-6pm	Red Canoe Open
6:30pm	Dinner
7:30pm	Session #1 with speaker Tara-Leigh Cobble
8:30pm	Snack & Fellowship
8:30-9:15pm	Red Canoe Open
9pm	Laser Tag
9pm	Campfire

Saturday, September 22

7:45-8:45am	Red Canoe Open
8:45am	Breakfast
9:30am	Session #2 with speaker Tara-Leigh Cobble
11am	Group Time
11am - 12pm	Red Canoe Open
12pm	Lunch
1-6pm	Activities & Free Time
6pm	Dinner
7pm	Session #3 with speaker Tara-Leigh Cobble
8:15pm	Snack & Fellowship
8:15-9pm	Red Canoe Open
9pm	Night Hike

Sunday, September 23

7:15-9:15am	Red Canoe Open
7:45am	Lakeside Prayer
8:30am	Breakfast
9:30am	Session #4 with speaker Tara-Leigh Cobble
11:30am	Lunch & Head for Home
11:30am-12:30pm	Red Canoe Open

Saturday Free Time Activities

1-6pm	Red Canoe Open
1-6pm	ARC Open
1-6pm	Laura's Crafts Open
1-6pm	Massages
1-6pm	Manicures & Pedicures
1:15-3:15pm	Zipline (Group #1)
1:45pm	Camp Tram Tour
3-5:30pm	Pyramid Point Hike
<i>(stop for ice cream on the way back to camp!)</i>	
3pm	Camp Tram Tour
3:45-5:45pm	Zipline (Group #2)